APLA HEALTH
(213) 201-1600
www.aplahealth.org
Health services, HIV support services, and prevention/health education for people living with and affected by HIV, the LGBT community, and other underserved communities. Party Wise Crystal Methamphetamine Program offers risk-reduction trainings, support groups and community events for gay men who use methamphetamine. For more information contact Roger Sediles at (323) 329-9908 or rsediles@apla.org. More information about APLA’s Fentanyl Awareness Campaign can be found next to the 12-Step Meetings section in this guide.

CHILDMER'S HOSPITAL - SUBSTANCE USE PREVENTION & TREATMENT PROGRAM
(323) 361-2463
www.chla.org/substance-abuse-prevention-and-treatment-services
A state-certified program that aims to reduce alcohol and drug-related harm in an outpatient approach. The program serves youth ages 10-17 and young adults ages 18-25 by offering education and support to their families and significant others.

FRIENDS COMMUNITY CENTER
(323) 463-1601
www.friendscommunitycenter.org
Provides services for and conducts research with substance-using gay and bisexual men, other men who have sex with men, and high-risk transgender women.

LOS ANGELES LGBT CENTER
(323) 993-7448
www.lalgbtcenter.org/health-services/addiction-recovery-services
Provides Crystal Meth and addiction recovery services and programs as well as one-on-one therapy and a variety of 12-step group meetings.

MCINTYRE HOUSE
(323) 662-0855
www.mcintyrehouse.org
McIntyre House offers a residential rehabilitative experience for men seeking recovery from alcoholism and drug addiction.

TARZANA TREATMENT CENTERS
(888) 777-8565
www.tarzanatc.org
Provides inpatient medical detoxification and psychiatric stabilization, residential and outpatient substance use disorder treatment, outpatient mental health, and residential rehab for teens/youth and adults; primary care clinics; and HIV/AIDS services including specialty medical care.

TWEAKERS PROJECT
www.facebook.com/groups/thetweakersproject
A group used for people to offer information, education and support to talk openly and freely about their own recovery from meth use or recovering from the trauma of their loved one’s use.

TWIN TOWN TREATMENT CENTERS
(866) 594-8844
www.twintowntreatmentcenters.com
Offers six intensive outpatient treatment programs for adult and adolescent addictions in Los Angeles and Orange County (including West Hollywood location). Accepts most insurance plans and/or flex payment schedules.

VAN NESS RECOVERY HOUSE
(323) 463-4266
www.vannessrecoveryhouse.com
The mission of the Van Ness Recovery House is to meet the critical and expanding needs of the LGBT community for alcohol and drug addiction recovery. Utilizing the principles of Alcoholic Anonymous, Van Ness Recovery House provides day and residential treatment, sober living, education, prevention, and outreach services in a supportive and chemically free environment. Services are available to anyone regardless of ability to pay or HIV status.
MEETING SCHEDULE

SUNDAYS
6:30-7:30am – AA: Open the Book – Room 1
9:00-10:00am – AA: Upon Awakening – Room 2
10:30am-12:00pm – SLAA: Serenity on Sunday – Room 2
12:00-1:00pm – OA: Courage to Change – Room 1
4:00-5:30pm – AL ANON: Two Books – Room 1
7:00-8:00pm – CMA: Round Robin West – Room 2
12:00-1:00am – AA: The Midnight Group – Room 2

MONDAYS
6:30-7:30am – AA: Fast Break West – Room 1
12:00-1:00pm – AA: Work In Progress – Room 1
1:00-2:00pm – CEA: HOW – Room 1
6:15-7:15pm – AA: The 3rd of July Group – Room 2
6:30-7:30pm – Nicotine Anonymous – Room 1
7:45-8:45pm – AA: City Solutions – Room 1
9:00-10:00pm – CMA: Sex & Sobriety – Room 1
12:00-1:00am – AA: The Midnight Group – Room 2

TUESDAYS
6:30-7:30am – AA: Book Study – Room 1
7:30-8:30am – AL ANON: Spiritual Giants – Room 2
7:45-8:45am – AA: Step Time Tuesday – Room 1
12:00-1:00pm – AA: The Nooners – Room 2
5:30-6:15pm – AA: One Speaker – Room 2
6:30-7:30pm – AA: Small Meeting – Room 1
7:00-8:00pm – CMA: HIV in Sobriety – Room 2
8:30-9:30pm – AA: See You Next Tuesday – Room 2
8:30-10:00pm – AA: Russian Big Book – Room 1
10:00-11:00pm – AA: The 12 @ 10 – Room 2
12:00-1:00am – AA: The Midnight Group – Room 2

KEY
AA = Alcoholics Anonymous
AL ANON = Al-Anon, Alanon
CA = Cocaine Anonymous
CEA = Compulsive Eaters Anonymous
CMA = Crystal Meth Anonymous
CODA = Codependents Anonymous
DA = Debtors Anonymous
MA = Marijuana Anonymous
NA = Narcotics Anonymous
OA = Overeaters Anonymous
SCA = Sexual Compulsives Anonymous
SLAA = Sex & Love Addicts Anonymous
UA = Undereaters Anonymous

WEDNESDAYS
6:30-7:30am – AA: As Bill Sees It – Room 1
7:45-8:45am – AA: Toot Toot Speaker Discussion – Room 1
8:30-9:30am – SLAA: Healthy Relationships – Room 2
12:00-1:00pm – AA: Living Sober – Room 2
6:30-7:30pm – AA: Quitting Time – Room 1
7:00-8:00pm – CMA: Stick to the Solution – Room 2
8:00-9:00pm – AA: Sex, Secrets & Sobriety – Room 1
8:30-9:30pm – AA: For Fun & For Free – Room 2
10:00-11:00pm – AA: The New Freedom – Room 1
12:00-1:00am – AA: The Midnight Group – Room 2

THURSDAYS
6:30-7:30am – AA: Step Study Share – Room 1
7:30-8:30am – AL ANON: Courage to Change – Room 2
7:45-8:45am – AA: 11th Step In Action – Room 1
12:00-1:00pm – AA: Share & Care – Room 2
12:30-1:30pm – OA: Stairway to Recovery – Room 1
6:30-7:30pm – AA: House Cleaning – Room 1
8:00-9:00pm – AA: WeHo Young Peoples – Room 2
8:00-9:00pm – AA: Friendly Women’s Group – Room 1
10:00-11:00pm – AA: We Are Not a Glum Lot – Room 2
12:00-1:00am – AA: The Midnight Group – Room 2

FRIDAYS
6:30-7:30am – AA: Morning Meditation – Room 1
7:45-8:45am – AA: TGIF Big Book – Room 1
8:00-9:00am – AL ANON: WeHo Serenity – Room 2
12:00-1:00pm – AA: Step Into the Weekend – Room 2
7:00-8:00pm – AA: Ladies Friday Night Out – Room 1
7:00-8:00pm – AA: Best of Old Time AA – Room 2
8:30-9:30pm – MA: Blunt Recovery – Room 2
12:00-1:00am – AA: The Midnight Group – Room 2

SATURDAYS
6:30-7:30am – AA: 11th Step Meditation – Room 1
9:00-10:00am – AA: Survivors – Room 2
9:30-10:30am – CEA: HOW – Room 1
11:00-12:30pm – AL ANON: New Freedom – Room 2
11:00-12:30pm – SLAA: Tools of Recovery – Room 1
2:30-4:00pm – CMA: Crystal Clear – Room 1
4:30-6:00pm – AA: Russian Nadeshda – Room 1
5:30-6:30pm – AA: You Are Not Alone – Room 2
7:30-8:30pm – AA: Coffee Talk – Room 1
8:30-9:30pm – AA: Saturday Night Live – Room 2
12:00-1:00am – AA: The Midnight Group – Room 2
LETHAL DOSE

FENTANYL IS A DEADLY SYNTHETIC OPIOID
that has been found in substances such as heroin, methamphetamine, ecstasy, molly, and other recreational drugs.

FENTANYL CAN KILL
and a lethal dose is almost undetectable.

TEST YOUR DRUGS with fentanyl test strips.

FIND OUT MORE about fentanyl and where to get free test strips.

www.aplahealth.org/fentanyl (323) 329-9038

www.lalgbtcenter.org/fentanyl (323) 993-7448

12-STEP MEETINGS

Alcoholics Anonymous
(323) 936-4343
www.lacoaa.org

AL-ANON (for relatives and friends of Alcoholics)
(818) 760-7122
www.alanonla.org

Cocaine Anonymous
(888) 714-8341
www.ca4la.org

Compulsive Eaters Anonymous/HOW
(323) 660-4333
www.ceahow.org

Crystal Meth Anonymous
(877) 262-6691
www.cmainla.com

Gamblers Anonymous
(626) 960-3500
www.gamblersanonymous.org

Marijuana Anonymous
1-800-766-6779
www.marijuana-anonymous.org

Narcotics Anonymous
(818) 773-9999
www.na.org

Nicotine Anonymous
(877) 879-6422
www.nicotine-anonymous.org

Overeaters Anonymous
(323) 653-7652
www.oalaig.org

Sex and Love Addicts Anonymous
(323) 957-4881
www.slaalosangeles.org

Sexual Compulsives Anonymous
(323) 570-2659
www.scalosangeles.org

INTERNATIONAL OVERDOSE DAY

was initiated in Australia in 2001 to help raise awareness and commemorate those who have been lost to drug overdose.

Visit the website at www.overdoseday.com for information and resources related to substance abuse and overdose basics.

DON’T LET THE DAY GO BY WITHOUT DOING SOMETHING TO #ENDOVERDOSE.

31 AUGUST
INTERNATIONAL OVERDOSE AWARENESS DAY

NATIONAL RECOVERY MONTH

is sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) and is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live healthy and rewarding lives.

www.recoverymonth.org

JOIN THE VOICES FOR RECOVERY: TOGETHER WE ARE STRONGER

is the theme for 2019 which emphasizes the need to share resources and build networks across the country to support recovery. It reminds us that mental and substance use disorders affect us all, and that we are all part of the solution.